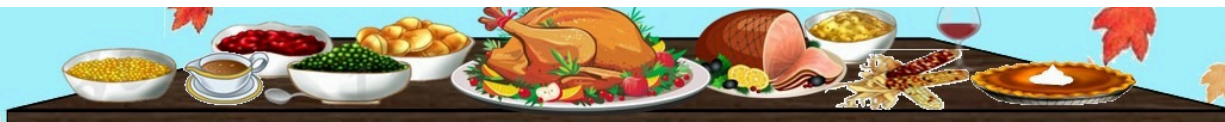


October 2024



Queen Mother Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Coordinator: Kim 416-964-9231 ext. 375 Recreation supervisor: Elleni 416-964-9231 ext. 242		International Day of Older Persons 1 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 📖 Trivia - Craftroom 1:30 📖 Tech Help Tuesday - Craftroom 2:00 ❤️ Artistic Expressions - Craftroom 2:30 📖 Current Events - Library 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of classical and jazz with cellist Kye Marshall - Macdonald Room	Exercises - Auditorium 2 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Textiles & Tea - Craftroom 1:30 🧘 Walks around Belmont 2:30 📖 Oktoberfest Social - Macdonald Room 4:30 📖 Happy Hour - Link 7:00 ❤️ Ripley (drama series): episode 4 - Auditorium	Exercises - Auditorium 3 9:30 🧘 Exercises - Auditorium 9:30 ❤️ Pet Visits with Blue & Dexter - Macdonald Room 10:30 🧘 Falls Prevention - Auditorium 10:30 ❤️ Reminisce & Recollect - Craftroom 2:00 📖 Not Averse to Verse Poetry Group - Library 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of jazz and blues with guitarist Steve Paul Simms - Macdonald Room	Feast of St. Francis of Assisi World Smile Day 4 9:30 🧘 Exercises - Auditorium 11:00 📖 Table Games - craftroom 1:30 🧘 Walks around Belmont 2:30 📖 Timbit Social - Macdonald Room 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of popular and classical music with pianist Lilly Tong - Macdonald Room	World Teachers' Day 5 9:30 🧘 Exercises - Auditorium 2:00 ❤️ The Green Planet (documentary series): Tropical Worlds - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Movie Night: Witness for the Prosecution (1958) - Auditorium
10:00 📖 Grace Church On-The-Hill Virtual Online Service - Auditorium 6 2:00 ❤️ Movie Matinee: Witness for the Prosecution (1958) - Auditorium 3:30 📖 Tea Social - Macdonald Room 4:30 📖 Happy Hour - Link 7:00 📖 Church of the Redeemer service - Chapel	Exercises - Auditorium 7 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Music Appreciation - Auditorium 1:30 🧘 Walks around Belmont 2:00 ❤️ Monday Movie Matinee: Love Story (1970) - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Monday Evening Movie: Love Story (1970) - Auditorium	Octopus Day 8 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 📖 Trivia - Craftroom 1:30 📖 Tech Help Tuesday - Craftroom 2:00 ❤️ Artistic Expressions - Craftroom 2:30 📖 Current Events - Library 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of music entertainment with vocalist Michelle White - Macdonald Room	Exercises - Auditorium 9 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Textiles & Tea - Craftroom 1:30 🧘 Walks around Belmont 2:30 📖 Memorial Service - Auditorium 3:00 📖 Memorial Reception - Macdonald Room 4:30 📖 Happy Hour - Link 7:00 ❤️ Ripley (drama series): episode 5 - Auditorium	World Porridge Day World Sight Day 10 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 ❤️ Reminisce & Recollect - Craftroom 2:00 📖 Not Averse to Verse Poetry Group - Library 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of classical music with pianist Nataliya Lepeshkina - Macdonald Room	World Egg Day 11 9:30 🧘 Exercises - Auditorium 10:30 📖 Grace Church on the Hill Communion Service - Auditorium 12:00 📖 Golden Harvest Picnic - Rose Garden 2:30 📖 Timbit Social - Macdonald Room 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 📖 Happy Hour - Link 7:00 ❤️ Documentary Night: The Arctic Expedition (2018) - Auditorium	Universal Music Day World Arthritis Day 12 9:30 🧘 Exercises - Auditorium 2:00 ❤️ The Green Planet (documentary series): Water Worlds - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Movie Night: Misery (1990) - Auditorium
10:45 📖 Metropolitan United Church Virtual Online Service - Auditorium 13 2:00 ❤️ Movie Matinee: Misery (1990) - Auditorium 3:30 📖 Tea Social - Macdonald Room 4:30 📖 Happy Hour - Link 7:00 📖 St. Andrew's Presbyterian service - Chapel	Thanksgiving 14 9:30 🧘 Exercises - Auditorium 12:30 📖 Thanksgiving Dinner - Main Dining Room 2:00 ❤️ Monday Movie Matinee: Planes, Trains and Automobiles (1987) - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Monday Evening Movie: Planes, Trains and Automobiles (1987) - Auditorium	Exercises - Auditorium 15 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 📖 Trivia - Craftroom 1:30 📖 Tech Help Tuesday - Craftroom 2:00 ❤️ Artistic Expressions - Craftroom 2:30 📖 Current Events - Library 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of classical music with pianist Shaya Petroff - Macdonald Room	World Food Day 16 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Textiles & Tea - Craftroom 1:30 🧘 Walks around Belmont 2:00 ❤️ Satisfaction Survey and Care Home Information Package Session - Auditorium 2:30 📖 Baking with Kim - Craftroom 4:30 📖 Happy Hour - Link 7:00 ❤️ Ripley (drama series): episode 6 - Auditorium	Exercises - Auditorium 17 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 ❤️ Reminisce & Recollect - Craftroom 2:00 📖 Not Averse to Verse Poetry Group - Library 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of entertainment with HASO - Macdonald Room	Persons Day 18 9:30 🧘 Exercises - Auditorium 10:30 📖 St. Thomas Anglican Communion Service - Auditorium 11:00 📖 Table Games - craftroom 1:30 🧘 Walks around Belmont 2:30 📖 Timbit Social - Macdonald Room 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 📖 Happy Hour - Link 7:00 ❤️ Documentary Night: The Beach Boys (2024) - Auditorium	International Archaeology Day 19 9:30 🧘 Exercises - Auditorium 2:00 ❤️ The Green Planet (documentary series): Seasonal Worlds - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Movie Night: Blithe Spirit (1945) - Auditorium
Chefs Day 20 10:00 📖 Grace Church On-The-Hill Virtual Online Service - Auditorium 2:00 ❤️ Movie Matinee: Blithe Spirit (1945) - Auditorium 3:30 📖 Tea Social - Macdonald Room 4:30 📖 Happy Hour - Link	Exercises - Auditorium 21 9:30 🧘 Exercises - Auditorium 2:30 ❤️ Book Club - Library 4:30 📖 Happy Hour - Link 7:00 📖 Bingo - Solarium	Exercises - Auditorium 22 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 📖 Trivia - Craftroom 11:00 📖 Fall Colours Tour & Lunch 2:00 ❤️ Artistic Expressions - Craftroom 2:30 📖 Current Events - Library 3:30 ❤️ Sing Along - Macdonald Room 4:30 📖 Happy Hour - Link 7:00 ❤️ "The Great Canadian Songbook" performed by Bruce Charlap - Macdonald Room	Exercises - Auditorium 23 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Textiles & Tea - Craftroom 1:30 🧘 Walks around Belmont 2:30 📖 Baking with Kim - Craftroom 3:00 ❤️ Musical Journey with Sonja Knaus - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Ripley (drama series): episode 7 - Auditorium	Exercises - Auditorium 24 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 ❤️ Flower Arranging with Kim - Craftroom 1:30 📖 Not Averse to Verse Poetry Group - Library 2:30 📖 Pumpkin Pie Party - Macdonald Room 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of jazz with pianist James Levac - Macdonald Room	International Artist's Day 25 9:30 🧘 Exercises - Auditorium 10:30 📖 St. Basil's Catholic Communion Service - Auditorium 11:00 📖 Table Games - craftroom 1:30 🧘 Walks around Belmont 2:30 📖 Timbit Social - Macdonald Room 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 📖 Happy Hour - Link 7:00 ❤️ Documentary Night: Four Days in October (2010) - Auditorium	Exercises - Auditorium 26 9:30 🧘 Exercises - Auditorium 2:00 ❤️ The Green Planet (documentary series): Desert Worlds - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Movie Night: Vertigo (1958) - Auditorium
10:45 📖 Metropolitan United Church Virtual Online Service - Auditorium 27 2:00 ❤️ Movie Matinee: Vertigo (1958) - Auditorium 3:30 📖 Tea Social - Macdonald Room 4:30 📖 Happy Hour - Link 7:00 📖 The Stone Church service - Chapel	St. Jude's Day 28 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Music Appreciation - Auditorium 1:30 🧘 Walks around Belmont 2:30 ❤️ Pumpkin Carving - Craftroom 4:30 📖 Happy Hour - Link 7:00 ❤️ "Pleasing Terror": The Life, Death & After Life of The Classic English Ghost Story with Guest Speaker John Huston - Auditorium	World Psoriasis Day 29 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 📖 Trivia - Craftroom 1:30 📖 Tech Help Tuesday - Craftroom 2:00 ❤️ Artistic Expressions - Craftroom 2:30 📖 Current Events - Library 4:30 📖 Happy Hour - Link 7:00 ❤️ An evening of jazz with pianist Jordan Klapman - Macdonald Room	Exercises - Auditorium 30 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Textiles & Tea - Craftroom 1:30 🧘 Walks around Belmont 2:30 📖 HalloWine and Cheese Social - Macdonald room 4:30 📖 Happy Hour - Link 7:00 ❤️ Ripley (drama series): episode 8 - Auditorium	Hallowe'en World Cities Day 31 9:30 🧘 Exercises - Auditorium 10:30 🧘 Falls Prevention - Auditorium 10:30 ❤️ Reminisce & Recollect - Craftroom 2:30 📖 Hallowe'en Party - Auditorium 4:30 📖 Happy Hour - Link 7:00 ❤️ Hallowe'en movie night: Frankenstein (1931) - Auditorium	<p style="text-align: center;">October Highlights</p> <p style="text-align: center;"> Oktoberfest Social - 2nd Memorial Service - 9th Thanksgiving - 14th Fall Colours Tour - 22nd Pumpkin Carving - 28th Guest Speaker - 28th Hallowe'en - 31st </p>	