

February 2025

Queen Mother Wing

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Recreation Coordinator:

Kim
416-964-9231 ext. 375

Recreation Supervisor :

Elleni
416-964-9231 ext. 242

February Highlights

- 3rd - guest speaker Lorne Opler "MIND diet"
- 5th - Memorial Service
- 7th - outing to see "Come from Away"
- 12th - guest speaker Tony Lee "Paradox of Japan"
- 14th - Valentine's Day
- 17th - Music Appreciation
- 20th - Flower Arranging



February is Black History Month



67th Grammy Awards
Candlemas
Groundhog Day
10:45 Metropolitan United Church Virtual Online Service - Auditorium
2:00 Movie Matinee: Silent Movie (1976) - Auditorium
3:30 Tea Social - Macdonald Room
4:30 Happy Hour - Link
7:00 St. Andrew's Presbyterian Church - Chapel

St. Blaise's Day
9:30 Exercises - Auditorium
10:30 Music Appreciation - Auditorium
1:30 Walks around Belmont
2:30 Monday Mocha Meet-up - Macdonald Room
4:30 Happy Hour - Link
7:00 Guest Speaker Lorne Opler: MIND diet - Auditorium

International Day of Human Fraternity
World Cancer Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 Trivia - Craftroom
1:30 Tech Help Tuesday - Craftroom
2:00 Artistic Expressions - Craftroom
2:30 Current Events - Library
4:30 Happy Hour - Link
7:00 An evening of entertainment with the Wander Duo - Macdonald Room

World Nutella Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 Textiles & Tea - Craftroom
1:30 Let's Get Physical
2:30 Memorial Service - Auditorium
3:00 Memorial Reception - Macdonald Room
4:30 Happy Hour - Link
7:00 Comedy series: A Man on the Inside - episodes 5&6 - Auditorium

9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
9:30 Pet Visits with Blue & Dexter - Macdonald Room
10:30 Falls Prevention - Auditorium
10:30 Palate Pleasers - Craftroom
2:00 Not Averse to Verse Poetry Group - Library
4:30 Happy Hour - Link
7:00 An evening of classical piano with Nataliya Lepeshkina - Macdonald Room

9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
11:00 Spa - Craftroom
12:30 Outing: Come From Away
2:30 Timbit Social - Macdonald Room
3:30 Ecumenical Prayer Service - Chapel
4:30 Happy Hour - Link
7:00 Documentary Night: Buy Now! (2024) - Auditorium

Global Movie Day
9:30 Exercises - Auditorium
2:00 Documentary series: Our Oceans: "Arctic Ocean" - Auditorium
4:30 Happy Hour - Link
7:00 Movie Night: The Full Monty (1997) - Auditorium

Super Bowl LIX
10:00 Grace Church On-The-Hill Virtual Online Service - Auditorium
2:00 Movie Matinee: The Full Monty (1997) - Auditorium
3:30 Tea Social - Macdonald Room
4:30 Happy Hour - Link
6:30 Super Bowl LIX - Auditorium

International Cribbage Day
9:30 Exercises - Auditorium
2:00 Monday Movie Matinee: La La Land (2016) - Auditorium
2:30 Monday Mocha Meet-up - Macdonald Room
4:30 Happy Hour - Link
7:00 Monday Evening Movie: La La Land (2016) - Auditorium

Canada's Agriculture Day
International Day of Girls and Women in Science
Japan National Foundation Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 Trivia - Craftroom
1:30 Tech Help Tuesday - Craftroom
2:00 Artistic Expressions - Craftroom
2:30 Current Events - Library
4:30 Happy Hour - Link
7:00 An evening of jazz piano with Jordan Klapman - Macdonald Room

International Darwin Day
Japanese Culture Day at Belmont
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 Textiles & Tea - Craftroom
2:30 Taste of Japan - Macdonald Room
4:30 Happy Hour - Link
7:00 Guest Speaker Tony Lee: "The Paradox of Japan - Chaos and Harmony" - Auditorium

Daytona 500 begins
World Radio Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
9:30 Table Games - Craftroom
10:30 Falls Prevention - Auditorium
10:30 Reminisce & Recollect - Craftroom
10:30 Vendor: LV Fashion - Main Lobby
2:00 Not Averse to Verse Poetry Group - Library
4:30 Happy Hour - Link
7:00 An evening of classical harp with Suraya Gade - Macdonald Room

International Book Giving Day
Valentine's Day
World Bonobo Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 Grace Church on the Hill Communion Service - Auditorium
11:00 Spa - Craftroom
2:30 Valentine's Day Party - Auditorium
3:30 Ecumenical Prayer Service - Chapel
4:30 Happy Hour - Link
7:00 Documentary Night: Bonobos: Back to the Wild (2011) - Auditorium

National Flag of Canada Day
Presentation of the Lord
World Hippo Day
9:30 Exercises - Auditorium
2:00 Documentary series: Our Oceans: "Southern Ocean" - Auditorium
4:30 Happy Hour - Link
7:00 Movie Night: Guys & Dolls (1955) - Auditorium

World Care Day
World Whale Day
10:45 Metropolitan United Church Virtual Online Service - Auditorium
2:00 Movie Matinee: Guys & Dolls (1955) - Auditorium
3:30 Tea Social - Macdonald Room
4:30 Happy Hour - Link

Family Day
Nova Scotia Heritage Day
World Human Spirit Day
9:30 Exercises - Auditorium
10:30 Music Appreciation - Auditorium
10:30 Vendor: Home Made Fashions - Main Lobby
1:30 Walks around Belmont
2:30 Book Club - Library
4:30 Happy Hour - Link
7:00 FeBREWary Social - Solarium

9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
9:30 Short Stories - Craftroom
10:30 Falls Prevention - Auditorium
10:30 Trivia - Craftroom
1:30 Tech Help Tuesday - Craftroom
2:00 Artistic Expressions - Craftroom
2:30 Current Events - Library
4:30 Happy Hour - Link
7:00 An evening of entertainment with the Toronto Children's Chorus - Auditorium

Black History Cultural Day at Belmont
9:15 Daily Data - Auditorium
9:30 Art with Kim - Craftroom
9:30 Exercises - Auditorium
10:30 Textiles & Tea - Craftroom
1:30 Let's Get Physical
2:30 Black History Month Social - Macdonald Room
4:30 Happy Hour - Link
7:00 Comedy series: A Man on the Inside - episodes 7&8 - Auditorium

World Anthropology Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 Falls Prevention - Auditorium
10:30 Flower Arranging with Kim - Craftroom
2:00 Not Averse to Verse Poetry Group - Library
4:30 Happy Hour - Link
7:00 An evening of classical piano with tenor Taras Chmil - Macdonald Room

International Mother Language Day
Yukon Heritage Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 St. Thomas Anglican Communion Service - Auditorium
11:00 Spa - Craftroom
1:30 Walks around Belmont
2:30 Timbit Social - Macdonald Room
3:30 Ecumenical Prayer Service - Chapel
4:30 Happy Hour - Link
7:00 Documentary Night: The Dog Doc (2019) - Auditorium

World Yoga Day
9:30 Exercises - Auditorium
2:00 Documentary: Canada Untold (2017) - Auditorium
4:30 Happy Hour - Link
7:00 Movie Night: The Court Jester (1956) - Auditorium

Jamaican Patty Day
World Understanding and Peace Day
10:00 Grace Church On-The-Hill Virtual Online Service - Auditorium
2:00 Movie Matinee: The Court Jester (1956) - Auditorium
3:30 Tea Social - Macdonald Room
4:30 Happy Hour - Link
7:00 The Stone Church - Chapel

Mexican Flag Day
9:30 Exercises - Auditorium
1:30 Walks around Belmont
2:30 Patties and Pop Social - Macdonald Room
4:30 Happy Hour - Link
7:00 Bingo - Solarium

9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
9:30 Short Stories - Craftroom
10:30 Falls Prevention - Auditorium
10:30 Trivia - Craftroom
1:30 Tech Help Tuesday - Craftroom
2:00 Artistic Expressions - Craftroom
2:30 Current Events - Library
4:30 Happy Hour - Link
7:00 An evening of classical piano with Shaya Petroff - Macdonald Room

9:15 Daily Data - Auditorium
9:30 Art with Kim - Craftroom
9:30 Exercises - Auditorium
10:30 Textiles & Tea - Craftroom
1:30 Let's Get Physical
2:30 Baking with Kim - Craftroom
4:30 Happy Hour - Link
7:00 Drama Series: Parade's End - episode 1 - Auditorium

International Polar Bear Day
9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
9:30 Table Games - Craftroom
10:30 Falls Prevention - Auditorium
10:30 Reminisce & Recollect - Craftroom
2:00 Not Averse to Verse Poetry Group - Library
4:30 Happy Hour - Link
7:00 An evening of classical music with Edwin and Colin Chan - Macdonald Room

9:15 Daily Data - Auditorium
9:30 Exercises - Auditorium
10:30 St. Basil's Catholic Communion Service - Auditorium
11:00 Spa - Craftroom
1:30 Walks around Belmont
2:30 Timbit Social - Macdonald Room
3:30 Ecumenical Prayer Service - Chapel
4:30 Happy Hour - Link
7:00 Documentary Night: The Great Polar Bear Feast (2016) - Auditorium

