

# JULY 2024



# Queen Mother Wing

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Recreation Coordinator:</b> Kim 416-964-9231 ext. 375</p> <p><b>Recreation supervisor:</b> Rebecca 416-964-9231 ext. 242</p>	<p><b>Canada Day 1</b></p> <p>9:30 ☘ Exercises - Auditorium</p> <p>10:30 ♥ <b>Canada Day Country Concert with Guitarist Kevin Beeby - MacDonald Room</b></p> <p>12:30 🍷 <b>Canada Day Dinner</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Monday Evening Movie: Canadian Bacon (1995) - Auditorium</b></p>	<p><b>World UFO Day 2</b></p> <p>9:30 ☘ Exercises - Auditorium</p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 🍷 Trivia - Craftroom</p> <p>11:00 ☘ Walks around Belmont</p> <p>1:30 🍷 Tech Help Tuesday - Craftroom</p> <p>2:00 ♥ <b>Artistic Expressions with Amy - Craftroom</b></p> <p>2:30 🍷 Current Events - Library</p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of jazz with pianist Jordan Klapman - Macdonald Room</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 3</b></p> <p>10:30 ♥ <b>Textiles &amp; Tea - Craftroom</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Canadian Treats &amp; Chat - MacDonald Room</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 🍷 <b>Belmont House: Open House - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 4</b></p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 ♥ <b>Reminisce &amp; Recollect - Craftroom</b></p> <p>11:30 🚗 <b>Outing to see the Toronto Blue Jays vs. the Houston Astros at the Rogers Centre</b></p> <p>2:00 🍷 <b>Not Averse to Verse Poetry Group - Library</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of classical music with HASO - Macdonald Room</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 5</b></p> <p>11:00 🍷 <b>Table Games - craftroom</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Ice Cream Social - Stillman Garden</b></p> <p>3:30 🙏 <b>Ecumenical Prayer Service - Chapel</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Documentary Night: Stories We Tell (2012) - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 6</b></p> <p>2:00 ♥ <b>Chef's Table (documentary series): episode 4 - Auditorium</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Movie Night: The Apprenticeship of Duddy Kravitz (1974) - Auditorium</b></p>
<p><b>World Chocolate Day 7</b></p> <p>10:45 🙏 <b>Metropolitan United Church Virtual Online Service - Auditorium</b></p> <p>2:00 ♥ <b>Movie Matinee: The Apprenticeship of Duddy Kravitz (1974) - Auditorium</b></p> <p>3:30 🍷 <b>Tea Social - Macdonald Room</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 8</b></p> <p>10:30 ♥ <b>Music Appreciation - Auditorium</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Belmont Blooms Gardening - Stillman Garden</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Monday Evening Movie: Take This Waltz (2011) - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 9</b></p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 🍷 Trivia - Craftroom</p> <p>11:00 ☘ Walks around Belmont</p> <p>1:30 🍷 Tech Help Tuesday - Craftroom</p> <p>2:00 ♥ <b>Artistic Expressions with Amy - Craftroom</b></p> <p>2:30 🍷 Current Events - Library</p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of piano with Elliot Braganza - Macdonald Room</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 10</b></p> <p>10:30 ♥ <b>Textiles &amp; Tea - Craftroom</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:00 ♥ <b>Friendly Visits</b></p> <p>2:30 🍷 <b>Baking with Kim - Craftroom</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>The Diplomat (drama series): episode 1 - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 11</b></p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 ♥ <b>Reminisce &amp; Recollect - Craftroom</b></p> <p>10:30 ☘ <b>Walks around Belmont</b></p> <p>2:00 🍷 <b>Not Averse to Verse Poetry Group - Library</b></p> <p>2:30 🍷 <b>French Fete - MacDonald Room</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of entertainment with the Royal Regimental Band - North Garden</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 12</b></p> <p>10:30 🙏 <b>Grace Church on the Hill Communion Service - Auditorium</b></p> <p>11:00 🍷 <b>Table Games - craftroom</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Ice Cream Social - Stillman Garden</b></p> <p>3:30 🙏 <b>Ecumenical Prayer Service - Chapel</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Documentary Night: Saving Notre Dame (2020) - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 13</b></p> <p>2:00 ♥ <b>Chef's Table (documentary series): episode 5 - Auditorium</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Movie Night: Bon Cop, Bad Cop (2006) - Auditorium</b></p>
<p><b>Bastille Day 14</b></p> <p>10:00 🙏 <b>Grace Church On-The-Hill Virtual Online Service - Auditorium</b></p> <p>2:00 ♥ <b>Movie Matinee: Bon Cop, Bad Cop (2006) - Auditorium</b></p> <p>3:30 🍷 <b>Tea Social - Macdonald Room</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 🙏 <b>Pentecostal Service with the Stone Church - chapel</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 15</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Belmont Blooms Gardening - Stillman Garden</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 🍷 <b>Bingo - Solarium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 16</b></p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 🍷 Trivia - Craftroom</p> <p>11:00 ☘ Walks around Belmont</p> <p>1:30 🍷 Tech Help Tuesday - Craftroom</p> <p>2:00 ♥ <b>Artistic Expressions with Amy - Craftroom</b></p> <p>2:30 🍷 Current Events - Library</p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of jazz with pianist James Levac - Macdonald Room</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 17</b></p> <p>9:30 🚗 <b>Outing: Berry picking &amp; picnic lunch</b></p> <p>10:30 ♥ <b>Textiles &amp; Tea - Craftroom</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Baking - Craftroom</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>The Diplomat (drama series): episode 2 - Auditorium</b></p>	<p><b>World Listening Day 18</b></p> <p>9:30 ☘ Exercises - Auditorium</p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 ♥ <b>Reminisce &amp; Recollect - Craftroom</b></p> <p>12:00 🍷 <b>Dog Days BBQ - Stillman Garden</b></p> <p>2:00 🍷 <b>Not Averse to Verse Poetry Group - Library</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of popular music with vocalist Gilad Gratch - Macdonald Room</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 19</b></p> <p>10:30 🙏 <b>St. Thomas Anglican Communion Service - Auditorium</b></p> <p>11:00 🍷 <b>Dog Days Drop-In - North Garden</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Ice Cream Social - Stillman Garden</b></p> <p>3:30 🙏 <b>Ecumenical Prayer Service - Chapel</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Documentary Night: The New Corporation (2020) - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 20</b></p> <p>2:00 ♥ <b>Chef's Table (documentary series): episode 6 - Auditorium</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Movie Night: Barney's Version (2010) - Auditorium</b></p>
<p><b>10:45 🙏 Metropolitan United Church Virtual Online Service - Auditorium 21</b></p> <p>2:00 ♥ <b>Movie Matinee: Barney's Version (2010) - Auditorium</b></p> <p>3:30 🍷 <b>Tea Social - Macdonald Room</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p>	<p><b>World Brain Day 22</b></p> <p>9:30 ☘ Exercises - Auditorium</p> <p>10:30 ♥ <b>Music Appreciation - Auditorium</b></p> <p>2:30 🍷 <b>Belmont Blooms Gardening - Stillman Garden</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Monday Evening Movie: The Grand Seduction (2013) - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 23</b></p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 🍷 Trivia - Craftroom</p> <p>1:30 🍷 Tech Help Tuesday - Craftroom</p> <p>2:00 ♥ <b>Artistic Expressions with Amy - Craftroom</b></p> <p>2:30 🍷 <b>Book Club - Library</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of popular music with JV Music- Macdonald Room</b></p>	<p><b>International Self-Care Day 24</b></p> <p>9:30 ☘ Exercises - Auditorium</p> <p>10:30 ♥ <b>Textiles &amp; Tea - Craftroom</b></p> <p>12:00 🍷 <b>Summertime BBQ lunch - Rose Garden</b></p> <p>2:30 ☘ <b>Walks around Belmont</b></p> <p>3:00 ♥ <b>Musical Journey with Sonja Knaus - Auditorium</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>The Diplomat (drama series): episode 3 - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 25</b></p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 ♥ <b>Flower Arranging - Craftroom</b></p> <p>2:00 🍷 <b>Not Averse to Verse Poetry Group - Library</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of popular music with pianist Jeff King - Macdonald Room</b></p>	<p><b>Paris 2024 Olympics begin 26</b></p> <p>9:30 ☘ Exercises - Auditorium</p> <p>10:30 🙏 <b>St. Basil's Catholic Communion Service - Auditorium</b></p> <p>11:00 🍷 <b>Table Games - craftroom</b></p> <p>11:30 🚗 <b>Outing: picnic at Ramsden Park</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Ice Cream Social - Stillman Garden</b></p> <p>3:30 🙏 <b>Ecumenical Prayer Service - Chapel</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Documentary Night: I Am: Celine Dion (2024) - Auditorium</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 27</b></p> <p>2:00 ♥ <b>Chef's Table (documentary series): season 2: episode 1 - Auditorium</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>Movie Night: The Sweet Hereafter (1997) - Auditorium</b></p>
<p><b>World Day for Grandparents and the Elderly 28</b></p> <p>10:00 🙏 <b>Grace Church On-The-Hill Virtual Online Service - Auditorium</b></p> <p>2:00 ♥ <b>Movie Matinee: The Sweet Hereafter (1997) - Auditorium</b></p> <p>3:30 🍷 <b>Tea Social - Macdonald Room</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 29</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Belmont Blooms Gardening - Stillman Garden</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 🍷 <b>Caesars, Chips 'n' Chat - Solarium</b></p>	<p><b>International Day of Friendship 30</b></p> <p>9:30 ☘ Exercises - Auditorium</p> <p>10:30 ☘ Falls Prevention - Auditorium</p> <p>10:30 🍷 Trivia - Craftroom</p> <p>1:30 🍷 Tech Help Tuesday - Craftroom</p> <p>2:00 ♥ <b>Artistic Expressions with Amy - Craftroom</b></p> <p>2:30 🍷 Current Events - Library</p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>An evening of popular music with vocalist Emilio Zarris - Macdonald Room</b></p>	<p><b>9:30 ☘ Exercises - Auditorium 31</b></p> <p>10:30 ♥ <b>Textiles &amp; Tea - Craftroom</b></p> <p>1:30 ☘ <b>Walks around Belmont</b></p> <p>2:30 🍷 <b>Baking with Kim - Craftroom</b></p> <p>4:30 🍷 <b>Happy Hour - Link</b></p> <p>7:00 ♥ <b>The Diplomat (drama series): episode 4 - Auditorium</b></p>	<p><b>July Highlights</b></p> <p><b>Canada Day - 1</b></p> <p><b>Outing to Blue Jay Game - 4</b></p> <p><b>Royal Regimental Band - 11</b></p> <p><b>Outing : Berry picking and picnic Lunch- 17</b></p> <p><b>Dog days BBQ -Stillman Garden-18</b></p> <p><b>Summertime BBQ Lunch in Rose Garden - 24</b></p> <p><b>Musical Journey with Sonja Knaus - 24</b></p>		