

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>July cont'd</b> <span style="float: right; font-size: 2em;">30</span></p> <p><b>International Day of Friendship</b></p> <p>10:00 Grace Church On-The-Hill Virtual Sunday Service - Auditorium</p> <p>1:00 Sunday Strolls - Main Lobby</p> <p>2:00 Movie Matinee: Funny Face (1957) - Auditorium</p> <p>2:25 News Brief - Craftroom</p> <p>3:30 Tea Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p>	<p><b>Uncommon Instrument Awareness Day</b> <span style="float: right; font-size: 2em;">31</span></p> <p>9:30 Exercises - Auditorium</p> <p>10:00 Tech Help - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>3:30 Nifty Nails - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>7:00 "Uncommon Instruments": a special presentation with Kim - Auditorium</p>	<p><b>Recreation Coordinator:</b></p> <p>Kim</p> <p>416-964-9231 ext. 375</p> <p>Recreation supervisor</p> <p>Rebecca</p> <p>416-964-9231 ext. 242</p>		<p><b>July Highlights</b></p> <p><b>Canada Day - 1st</b></p> <p><b>Guest Speaker Paul Dias - 3rd</b></p> <p><b>Royal Regimental Band - 6th</b></p> <p><b>Special Visit with Miniature Ponies - 12th</b></p> <p><b>Meeting with City Councillor Diane Saxe - 18th</b></p> <p><b>Memorial Service - 19th</b></p> <p><b>Waterfront Tour &amp; Lunch at Irene - 19th</b></p>	<p><b>Canada Day</b> <span style="float: right; font-size: 2em;">1</span></p> <p>9:30 Exercises - Auditorium</p> <p>12:30 Canada Day Dinner</p> <p>1:00 This Day in History - Craft Room</p> <p>2:30 Canada Day Concert with James Regan - Stillman Garden</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: Rope (1948) - Auditorium</p>	
<p><b>Grace Church On-The-Hill Virtual Sunday Service - Auditorium</b> <span style="float: right; font-size: 2em;">2</span></p> <p>2:00 Movie Matinee: Rope (1948) - Auditorium</p> <p>3:30 Tea Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p>	<p>9:30 Exercises - Auditorium</p> <p>10:00 Tech Help - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Canadiana Social - Macdonald Room</p> <p>3:30 Nifty Nails - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>7:00 "O Canada!: The Land, the Moments and the People" - a special presentation with Paul Dias - Auditorium</p> <p style="text-align: right; font-size: 2em;">3</p>	<p>9:30 Exercises - Auditorium</p> <p>10:30 Falls Prevention - Auditorium</p> <p>10:30 Trivia - Craft Room</p> <p>2:30 Current Events - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of popular music and standards with Bruce Griffin - Macdonald Room</p> <p style="text-align: right; font-size: 2em;">4</p>	<p>9:30 Exercises - Auditorium</p> <p>10:30 Active Games with Avery - Auditorium</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>1:30 Long Distance Video Chats</p> <p>1:45 Walks around Belmont - Main Lobby</p> <p>2:30 Wine &amp; Cheese Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Sanditon (period-drama series): season 2: episode 4 - Auditorium</p> <p style="text-align: right; font-size: 2em;">5</p>	<p><b>International Kissing Day</b> <span style="float: right; font-size: 2em;">6</span></p> <p>9:30 Exercises - Auditorium</p> <p>10:15 Word Games with Rochelle - Craftroom</p> <p>10:30 Falls Prevention - Auditorium</p> <p>2:00 Baking - Craftroom</p> <p>2:00 Not Averse to Verse Poetry Group - Library</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of entertainment with the Royal Regimental Band - North Garden</p>	<p><b>World Chocolate Day</b> <span style="float: right; font-size: 2em;">7</span></p> <p>9:30 Exercises - Auditorium</p> <p>10:15 Reminisce &amp; Recollect - Craftroom</p> <p>10:30 St. Thomas Anglican Communion Service - Auditorium</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Ice Cream Social - Stillman Garden</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>3:30 Table Games - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>6:15 Chocolate Chat - Macdonald Room</p> <p>7:00 Evening Strolls - Main Lobby</p> <p>7:00 Virtual (pre-recorded) Curatorial Talk - William Kurelek's Jewish Life in Canada - Auditorium</p>	<p>9:30 Exercises - Auditorium</p> <p>1:00 This Day in History - Craft Room</p> <p>2:00 This is a Robbery (documentary series): \$10 Million Reward - Auditorium</p> <p>2:25 Weekend Wisecracks - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: The Gay Divorcee (1934) - Auditorium</p> <p style="text-align: right; font-size: 2em;">8</p>
<p>10:45 Metropolitan United Church Virtual Online Service - Auditorium <span style="float: right; font-size: 2em;">9</span></p> <p>1:00 Sunday Strolls - Main Lobby</p> <p>2:00 Movie Matinee: The Gay Divorcee (1934) - Auditorium</p> <p>3:30 Tea Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p>	<p>9:30 Exercises - Auditorium</p> <p>10:00 Tech Help - Craft Room</p> <p>10:30 Music Appreciation - Auditorium</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Belmont Blooms Gardening - Stillman Garden</p> <p>3:30 Nifty Nails - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Caesars 'n' Chips - Solarium</p> <p style="text-align: right; font-size: 2em;">10</p>	<p><b>World Population Day</b> <span style="float: right; font-size: 2em;">11</span></p> <p>9:30 Exercises - Auditorium</p> <p>10:30 Falls Prevention - Auditorium</p> <p>10:30 Trivia - Craft Room</p> <p>2:30 Current Events - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of jazz vocals with Michelle White - Macdonald Room</p>	<p>9:30 Exercises - Auditorium</p> <p>10:30 Active Games with Avery - Auditorium</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>1:30 Long Distance Video Chats</p> <p>2:30 Special Visit with Miniature Ponies - North Garden</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Sanditon (period-drama series): season 2: episode 5 - Auditorium</p> <p style="text-align: right; font-size: 2em;">12</p>	<p>9:30 Exercises - Auditorium</p> <p>10:15 Coffee Break - Macdonald Room</p> <p>10:30 Falls Prevention - Auditorium</p> <p>2:00 Walks around Belmont - Main Lobby</p> <p>2:30 Peach Pie Party - Macdonald Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of jazz piano with Jordan Klapman - Macdonald Room</p> <p style="text-align: right; font-size: 2em;">13</p>	<p><b>Bastille Day</b> <span style="float: right; font-size: 2em;">14</span></p> <p>9:30 Exercises - Auditorium</p> <p>10:15 Reminisce &amp; Recollect - Craftroom</p> <p>10:30 Grace Church on the Hill Communion Service - Auditorium</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Ice Cream Social - Stillman Garden</p> <p>3:30 Art Attack - Craftroom</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>6:15 Friendly Visits</p> <p>7:00 Documentary Night: Julia (2022) - Auditorium</p> <p>7:00 Evening Strolls - Main Lobby</p>	<p>9:30 Exercises - Auditorium</p> <p>1:00 This Day in History - Craft Room</p> <p>2:00 Dogs (documentary series): Episode 1 - Kid with a Dog - Auditorium</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: Good Will Hunting (1998) - Auditorium</p> <p style="text-align: right; font-size: 2em;">15</p>
<p><b>World Snake Day</b> <span style="float: right; font-size: 2em;">16</span></p> <p>10:00 Grace Church On-The-Hill Virtual Sunday Service - Auditorium</p> <p>1:00 Sunday Strolls - Main Lobby</p> <p>2:00 Movie Matinee: Good Will Hunting (1998) - Auditorium</p> <p>3:30 Tea Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p>	<p>9:30 Exercises - Auditorium</p> <p>10:00 Tech Help - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Book Club - Library</p> <p>3:30 Nifty Nails - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Bingo - Solarium</p> <p style="text-align: right; font-size: 2em;">17</p>	<p><b>World Listening Day</b> <span style="float: right; font-size: 2em;">18</span></p> <p>9:30 Exercises - Auditorium</p> <p>10:30 Falls Prevention - Auditorium</p> <p>10:30 Trivia - Craft Room</p> <p>2:30 Meeting with City Councillor Diane Saxe - Auditorium</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of jazz guitar with Steve Paul Simms - Macdonald Room</p>	<p>9:30 Exercises - Auditorium</p> <p>10:30 Active Games with Avery - Auditorium</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>11:00 Scenic Drive by Waterfront and lunch at Irene - Outing</p> <p>1:30 Long Distance Video Chats</p> <p>1:45 Walks around Belmont - Main Lobby</p> <p>2:30 Memorial Service - Auditorium</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Sanditon (period-drama series): season 2: episode 6 - Auditorium</p> <p style="text-align: right; font-size: 2em;">19</p>	<p><b>International Chess Day</b> <span style="float: right; font-size: 2em;">20</span></p> <p>9:30 Exercises - Auditorium</p> <p>10:15 Word Games with Rochelle - Craftroom</p> <p>10:30 Falls Prevention - Auditorium</p> <p>2:00 Baking - Craftroom</p> <p>2:00 Not Averse to Verse Poetry Group - Library</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of classical violin with Clare Pellerin - Macdonald Room</p>	<p>9:30 Exercises - Auditorium</p> <p>10:30 St. Thomas Anglican Communion Service - Auditorium</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Ice Cream Social - Stillman Garden</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Documentary Night: The Real Right Stuff (2020) - Auditorium</p> <p style="text-align: right; font-size: 2em;">21</p>	<p>9:30 Exercises - Auditorium</p> <p>1:00 This Day in History - Craft Room</p> <p>2:00 Dogs (documentary series): Episode 2 - Bravo, Zeus - Auditorium</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: Cat Ballou (1965) - Auditorium</p> <p style="text-align: right; font-size: 2em;">22</p>
<p>10:45 Metropolitan United Church Virtual Online Service - Auditorium <span style="float: right; font-size: 2em;">23</span></p> <p>1:00 Sunday Strolls - Main Lobby</p> <p>2:00 Movie Matinee: Cat Ballou (1965) - Auditorium</p> <p>3:30 Tea Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 The Stone Church Service - Chapel</p>	<p>9:30 Exercises - Auditorium</p> <p>10:00 Tech Help - Craft Room</p> <p>10:30 Music Appreciation - Auditorium</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Belmont Blooms Gardening - Stillman Garden</p> <p>3:30 Nifty Nails - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Documentary Night: Good Night Oppy (2022) - Auditorium</p> <p style="text-align: right; font-size: 2em;">24</p>	<p>9:30 Exercises - Auditorium</p> <p>10:30 Falls Prevention - Auditorium</p> <p>10:30 Trivia - Craft Room</p> <p>2:30 Current Events - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of classical piano with Colin - Macdonald Room</p> <p style="text-align: right; font-size: 2em;">25</p>	<p>9:30 Exercises - Auditorium</p> <p>10:30 Active Games with Avery - Auditorium</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>1:30 Long Distance Video Chats</p> <p>1:45 Walks around Belmont - Main Lobby</p> <p>2:30 Canadiana Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Maid (drama series): episode 1 - Auditorium</p> <p style="text-align: right; font-size: 2em;">26</p>	<p>9:30 Exercises - Auditorium</p> <p>10:15 Flower Arranging - Craftroom</p> <p>10:30 Falls Prevention - Auditorium</p> <p>2:00 Not Averse to Verse Poetry Group - Library</p> <p>2:00 Walks around Belmont - Main Lobby</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of popular music with the Wander Duo - Macdonald Room</p> <p style="text-align: right; font-size: 2em;">27</p>	<p>9:30 Exercises - Auditorium</p> <p>10:15 Reminisce &amp; Recollect - Craftroom</p> <p>10:30 St. Basil's Catholic Communion Service - Auditorium</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Ice Cream Social - Stillman Garden</p> <p>3:30 Art Attack - Craftroom</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>6:15 Friendly Visits</p> <p>7:00 Documentary Night: Expedition Amelia (2019) - Auditorium</p> <p>7:00 Evening Strolls - Main Lobby</p> <p style="text-align: right; font-size: 2em;">28</p>	<p><b>International Tiger Day</b> <span style="float: right; font-size: 2em;">29</span></p> <p>9:30 Exercises - Auditorium</p> <p>1:00 This Day in History - Craft Room</p> <p>2:00 Dogs (documentary series): Episode 3 - Ice on the Water - Auditorium</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: Funny Face (1957) - Auditorium</p>