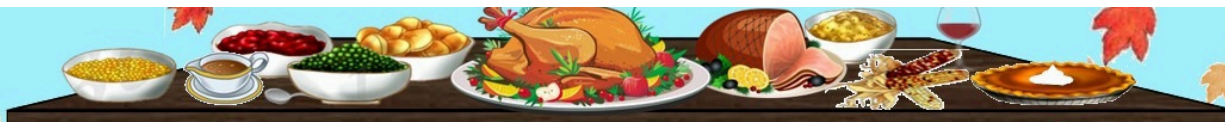


# October 2024



# 5 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Recreation Co-Ordinator:</b> Devon <b>Phone Number:</b> (416) 964-9231 ext.217		<b>National Seniors' Day in Canada 1</b> 1:30 📖 Short Stories 2:00 ❤️ <b>Artistic Expressions with Sarah- Craftroom</b> 2:30 ❤️ Quiet Reflections 3:30 📖 This day in History 4:00 🎯 Balloon Badminton 6:00 ❤️ Indoor Strolls 7:00 🍷 Evening series	<b>2</b> 9:30 🍷 Bean Bag Toss 10:30 ❤️ Pet visits with Geoff and Milo 11:00 ❤️ Sing Along 2:30 🍷 <b>Oktoberfest Social on 4 West</b> 3:30 ❤️ Garden Walks	<b>3</b> 9:30 🎯 Balloon Badminton 10:00 🍷 <b>Pet Therapy with Blue and Dexter - Macdonald Room</b> 10:30 🍷 Friendly Visits 1:00 📖 Amazing Animals: Red Fox 2:30 🍷 <b>Caramel Apple Social</b> 3:30 🙏 Hymn Sing	<b>4</b> 9:30 🎯 Morning Stretch 10:30 ❤️ Short Stories 11:00 🍷 Friendly Visits 1:00 ❤️ Flashback Friday 2:30 🍷 Autumn Flavours Ice Cream Social 3:00 📖 Armchair Travels: Colorado	<b>World Teacher Day 5</b> 1:45 📖 Trivia 2:30 🍷 Refreshments
2:30 🍷 Refreshments <b>6</b>	9:45 🙏 <b>Morning Prayers 7</b> 10:30 🍷 Friendly Visits 11:00 🎯 Bowling 1:00 ❤️ Creative Expression 2:30 ❤️ Musical Journey: American Bandstand 3:30 📖 Trivia	<b>8</b> 1:30 📖 Short Stories 2:00 ❤️ <b>Artistic Expressions with Sarah- Craftroom</b> 2:30 ❤️ Quiet Reflections 3:30 📖 This day in History 4:00 🎯 Balloon Badminton 6:00 ❤️ Indoor Strolls 7:00 🍷 Evening series	<b>9</b> 9:30 🍷 Bean Bag Toss 10:30 ❤️ Pet visits with Geoff and Milo 11:00 ❤️ Sing Along 1:00 ❤️ <b>Musical Journey with Sonja</b> 2:30 🙏 <b>Memorial Service - Auditorium</b> 3:30 ❤️ Garden Walks	<b>10</b> 9:30 🎯 Balloon Badminton 10:30 🍷 Friendly Visits 1:00 📖 Amazing Animals: Deer 2:30 🍷 <b>Taco Social</b> 3:30 🙏 Hymn Sing	<b>11</b> 9:30 🎯 Morning Stretch 10:30 🙏 Grace Church on the Hill - Auditorium 11:00 🍷 Friendly Visits 12:00 🍷 <b>Golden Harvest Picnic - Rose Garden</b> 1:00 ❤️ Flashback Friday 2:30 🍷 Autumn Flavours Ice Cream Social 3:00 📖 Armchair Travels: Barcelona	<b>12</b> 10:15 🎯 Balloon Badminton 1:45 📖 Trivia 2:30 🍷 Refreshments
2:30 🍷 Refreshments <b>13</b>	<b>Thanksgiving 14</b> 10:30 🎯 Bean Bag Toss 12:00 <b>Thanksgiving Dinner</b> 2:30 🍷 Refreshments	<b>15</b> 1:30 📖 Short Stories 2:00 ❤️ <b>Artistic Expressions with Sarah- Craftroom</b> 2:30 ❤️ Quiet Reflections 3:30 📖 This day in History 4:00 🎯 Balloon Badminton 6:00 ❤️ Indoor Strolls 7:00 🍷 Evening series	<b>16</b> 9:30 🍷 Bean Bag Toss 10:30 ❤️ Pet visits with Geoff and Milo 11:00 ❤️ Sing Along 2:00 📖 Virtualscape Session 3:00 🍷 Board Games 3:30 ❤️ Garden Walks	<b>17</b> 9:30 🎯 Balloon Badminton 10:30 🍷 Friendly Visits 1:00 📖 Amazing Animals: Badgers 2:30 🍷 <b>Coffee and Donuts Social</b> 3:30 🙏 Hymn Sing	<b>18</b> 9:30 🎯 Morning Stretch 10:30 🙏 St. Thomas Anglican Church - Auditorium 11:00 🍷 Friendly Visits 1:00 ❤️ Flashback Friday 2:30 🍷 <b>Autumn Flavours Ice Cream Social with Doug</b> 3:00 📖 Armchair Travels: Mauritius	<b>International Archaeology Day 19</b> 10:15 🎯 Balloon Badminton 1:45 📖 Trivia 2:30 🍷 Refreshments
2:30 🍷 Refreshments <b>20</b>	9:45 🙏 <b>Morning Prayers 21</b> 10:30 🍷 Friendly Visits 11:00 🎯 Bowling 1:00 ❤️ Creative Expression 2:30 ❤️ Musical Journey: Harry Belafonte 3:30 📖 Trivia	<b>22</b> 1:30 📖 Short Stories 2:00 ❤️ <b>Artistic Expressions with Sarah- Craftroom</b> 2:30 ❤️ Quiet Reflections 3:30 📖 This day in History 4:00 🎯 Balloon Badminton 6:00 ❤️ Indoor Strolls 7:00 🍷 Evening series	<b>23</b> 9:30 🍷 Bean Bag Toss 10:30 ❤️ Pet visits with Geoff and Milo 11:00 ❤️ Sing Along 2:00 🍷 Grandmas Kitchen 3:00 🍷 Board Games 3:00 ❤️ <b>Musical Journey with Sonja - Auditorium</b> 3:30 ❤️ Garden Walks	<b>United Nations Day 24</b> 9:30 🎯 Balloon Badminton 10:30 🍷 Friendly Visits 1:00 📖 Amazing Animals: Hawks 2:30 🍷 <b>Pumpkin Pie Social</b> 3:30 🙏 Hymn Sing	<b>25</b> 9:30 🎯 Morning Stretch 10:30 🙏 St. Basil's Catholic Communion Service - Auditorium 11:00 🍷 Friendly Visits 1:00 ❤️ Flashback Friday 2:30 🍷 Autumn Flavours Ice Cream Social 3:00 📖 Armchair Travels: Morocco	<b>26</b> 1:45 📖 Trivia 2:30 🍷 Refreshments
2:30 🍷 Refreshments <b>27</b>	9:45 🙏 <b>Morning Prayers 28</b> 1:00 🎯 Bean Bag Toss 2:30 🍷 Refreshments	<b>29</b> 1:00 ❤️ <b>Pumpkin Carving</b> 2:00 ❤️ <b>Artistic Expressions with Sarah- Craftroom</b> 2:30 ❤️ Quiet Reflections 3:30 📖 This day in History 4:00 🎯 Balloon Badminton 6:00 ❤️ Indoor Strolls 7:00 🍷 Evening series	<b>30</b> 9:30 🍷 Bean Bag Toss 10:30 ❤️ Pet visits with Geoff and Milo 11:00 ❤️ Sing Along 2:00 📖 Virtualscape Session 3:00 🍷 Board Games 3:30 ❤️ Garden Walks	<b>Halloween 31</b> 9:30 🍷 Friendly Visits 10:30 🍷 <b>Halloween Party on 4W</b> 1:00 📖 Amazing Animals: Walrus 3:30 ❤️ Hymn Sing	<b>October Highlights</b> October 2 - Oktoberfest Party on 4 West October 9 - Memorial Service October 11 - Golden Harvest Picnic - Rose Garden October 14 - Thanksgiving October 18 - Autumn Flavours with Doug Goodeve October 29 - Pumpkin Carving October 31 - Halloween Party on 4W	