

JULY 2024



3 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Coordinator Hermela Phone Number 416-964-9321 ext 250	Canada Day 1 10:15 ☘ Balloon Badminton 1:45 🎓 Trivia	2 9:35 † Hymm Sing 9:35 ☘ Sunshine Yoga [NG] 10:15 ❤️ Doll Therapy 10:15 📰 News of the Day! 10:45 † Morning Prayers 11:00 🍷 Friendly Visits 1:15 † 1:1 Spiritual Corner 2:00 ❤️ Artistic Expressions with Amy [CR] 2:30 ☘ Strike & Spare 3:00 📰 Scattergories 3:00 ☘ Strolls about Belmont 3:30 🍷 Friendly Visits	3 9:35 ☘ Balloon Tennis [NG] 10:45 🍷 Pet Visits with Milo 11:05 ❤️ Sensory Touches 1:00 † 1:1 Spiritual Corner 1:30 ☘ Strolls about Belmont 2:30 🍷 Sing and Dance Along 3:15 📰 Let's Play Bingo! (In the Garden)	4 9:30 ☘ Balloon Tennis 10:30 📰 Amazing Animals: Mythical Creatures 11:00 ❤️ Doll Therapy 1:15 ❤️ 1:1 Short Stories 1:15 ☘ Strolls about Belmont 2:30 🍷 Pie in the Sky 3:30 † 1:1 Spiritual Corner 4:00 ❤️ Gardening [B] 6:00 📰 Trivia 7:00 🍷 Friendly Visits	5 9:35 ❤️ 1:1 Short Stories 9:35 ☘ Bean Bag Toss [NG] 10:30 📰 Historical Fridays: Dalai Lama 11:10 ❤️ Doll Therapy 11:10 † Hymm Sing 1:15 ❤️ Coloring Arts 2:30 🍷 Summer Treats Ice Cream Social 3:00 🍷 Friendly Visits 3:30 📰 Board Games 3:30 ☘ Strolls about Belmont 4:00 † 1:1 Spiritual Corner 6:00 📰 Trivia 7:00 🍷 Friendly Visits	6 10:15 ☘ Balloon Badminton 1:45 🎓 Trivia
7 2:30 🍷 Refreshments	8 9:35 ☘ Morning Stretch 10:30 📰 Tales of Poetry 11:00 ❤️ Doll therapy 1:00 † 1:1 Spiritual Corner 2:30 ❤️ Flower Arrangement 3:00 📰 Amazing Animals: Cheetah 3:30 🍷 Friendly Visits	9 9:35 † Hymm Sing 9:35 ☘ Sunshine Yoga [NG] 10:15 ❤️ Doll Therapy 10:15 📰 News of the Day! 10:45 † Morning Prayers 11:00 🍷 Friendly Visits 1:15 † 1:1 Spiritual Corner 2:00 ❤️ Artistic Expressions with Amy [CR] 2:30 ☘ Strike & Spare 3:00 📰 Scattergories 3:30 🍷 Friendly Visits	10 9:35 ☘ Balloon Tennis [NG] 10:45 🍷 Pet Visits with Milo 11:05 ❤️ Sensory Touches 1:00 † 1:1 Spiritual Corner 1:30 🍷 Strolls about Belmont 2:00 🍷 Musical Journey with Sonja Klaus 3:15 📰 Let's Play Bingo! (In the Garden)	11 9:30 ☘ Balloon Tennis 10:30 📰 Amazing Animals: African Elephants 11:00 ❤️ Doll Therapy 1:15 ❤️ 1:1 Short Stories 1:15 ☘ Strolls about Belmont 2:30 🍷 Just Peachy Social 3:30 † 1:1 Spiritual Corner 4:00 ❤️ Gardening [B] 6:00 📰 Trivia 7:00 🍷 An evening of entertainment with Royal Regimental Band [NG]	12 9:35 ❤️ 1:1 Short Stories 9:35 ☘ Bean Bag Toss [NG] 10:30 † Grace Church on the Hill Communion Service - Auditorium 11:10 ❤️ Doll Therapy 11:10 † Hymm Sing 1:15 ❤️ Coloring Arts 2:00 📰 Historical Fridays: Georgio Armani 2:30 🍷 Summer Treats Ice Cream Social 3:00 🍷 Friendly Visits 3:30 📰 Board Games 3:30 ☘ Strolls about Belmont 6:00 📰 Trivia 7:00 🍷 Friendly Visits	13 10:15 ☘ Balloon Badminton 1:45 🎓 Trivia
14 1:00 🍷 Friendly Visits with Margo 2:30 🍷 Refreshments	15 9:35 ☘ Morning Stretch [NG] 10:30 ❤️ Gardening [B] 10:30 📰 Tales of Poetry 11:00 ☘ Strolls about Belmont 1:00 † 1:1 Spiritual Corner 2:30 ❤️ Flower Arrangement 3:00 📰 Amazing Animals: Spotted Hyenas 3:30 🍷 Friendly Visits	16 9:35 † Hymm Sing 9:35 ☘ Sunshine Yoga [NG] 10:15 ❤️ Doll Therapy 10:15 📰 News of the Day! 10:45 † Morning Prayers 11:00 🍷 Friendly Visits 1:15 † 1:1 Spiritual Corner 2:00 ❤️ Artistic Expressions with Amy [CR] 2:30 ☘ Strike & Spare 3:00 📰 Scattergories 3:30 🍷 Friendly Visits	17 9:35 ☘ Balloon Tennis [NG] 10:45 🍷 Pet Visits with Milo 11:05 ❤️ Sensory Touches 1:00 † 1:1 Spiritual Corner 1:30 🍷 Strolls about Belmont 2:30 🍷 Sing and Dance Along 3:15 📰 Let's Play Bingo! (In the Garden)	18 9:30 ☘ Balloon Tennis 10:30 📰 Amazing Animals: Rhinoceros 11:00 ☘ Strolls about Belmont 12:00 🍷 Hot Dog Luncheon 1:15 ❤️ 1:1 Short Stories 1:15 ☘ Strolls about Belmont 2:30 ☘ Strolls about Belmont 3:30 † 1:1 Spiritual Corner 4:00 ❤️ Gardening [B] 6:00 📰 Trivia 7:00 🍷 Friendly Visits	19 Dog Days of Summer 9:35 ❤️ 1:1 Short Stories 9:35 ☘ Bean Bag Toss [NG] 10:30 † St. Thomas Anglican Communion Service - Auditorium 11:00 🍷 Dog Days Visits 1:15 ❤️ Coloring Arts 2:30 🍷 Summer Treats Ice Cream Social 3:00 🍷 Friendly Visits 3:30 📰 Board Games 3:30 ☘ Strolls about Belmont 6:00 📰 Trivia 7:00 🍷 Friendly Visits	20 10:15 ☘ Balloon Badminton 1:45 🎓 Trivia
21 2:30 🍷 Refreshments	22 2:00 ☘ Balloon Badminton 2:30 🍷 Refreshments	23 9:35 † Hymm Sing 9:35 ☘ Sunshine Yoga [NG] 10:15 ❤️ Doll Therapy 10:15 📰 News of the Day! 10:45 † Morning Prayers 11:00 🍷 Friendly Visits 1:15 † 1:1 Spiritual Corner 2:00 ❤️ Artistic Expressions with Amy [CR] 2:30 ☘ Strike & Spare 3:00 📰 Scattergories 3:30 🍷 Friendly Visits	24 9:35 ☘ Balloon Tennis [NG] 10:45 🍷 Pet Visits with Milo 11:00 🍷 Live Music with Doug 1:00 † 1:1 Spiritual Corner 1:30 🍷 Strolls about Belmont 2:30 🍷 Sing and Dance Along 3:15 📰 Let's Play Bingo! (In the Garden)	25 9:30 ☘ Balloon Tennis 10:30 📰 Amazing Animals: African Buffalo 1:15 ❤️ 1:1 Short Stories 1:15 ☘ Balloon Tennis 1:15 ☘ Strolls about Belmont 2:30 🍷 Taste of France 3:30 † 1:1 Spiritual Corner 4:00 ❤️ Gardening [B] 6:00 📰 Trivia 7:00 🍷 Friendly Visits	26 Summer Olympics Begins 9:35 ❤️ 1:1 Short Stories 9:35 ☘ Bean Bag Toss [NG] 10:30 📰 Historical Fridays: Summer Olympics 10:30 † St. Basil Catholic Communion Service - Auditorium 12:00 🍷 Picnic in the Park - Ramsden Park 2:30 🍷 Summer Treats Ice Cream Social 3:00 🍷 Friendly Visits 3:30 📰 Board Games 3:30 ☘ Strolls about Belmont 6:00 📰 Trivia 7:00 🍷 Friendly Visits	27 10:15 ☘ Balloon Badminton 1:45 🎓 Trivia
28 2:30 🍷 Refreshments	29 9:35 ☘ Morning Stretch 10:30 📰 Tales of Poetry 11:00 ❤️ Doll therapy 1:00 † 1:1 Spiritual Corner 2:30 ❤️ Flower Arrangement 3:00 📰 Amazing Animals: Zebras 3:30 🍷 Friendly Visits	30 9:35 † Hymm Sing 9:35 ☘ Sunshine Yoga [NG] 10:15 ❤️ Doll Therapy 10:15 📰 News of the Day! 10:45 † Morning Prayers 11:00 🍷 Friendly Visits 1:15 † 1:1 Spiritual Corner 2:00 ❤️ Artistic Expressions with Amy [CR] 2:30 ☘ Strike & Spare 3:00 📰 Scattergories 3:30 🍷 Friendly Visits	31 9:35 ☘ Balloon Tennis [NG] 10:45 🍷 Pet Visits with Milo 11:05 ❤️ Sensory Touches 1:00 † 1:1 Spiritual Corner 1:30 ☘ Strolls about Belmont 2:30 🍷 Sing and Dance Along 3:15 📰 Let's Play Bingo! (In the Garden)	July Highlight July 1st - Canada day July 4th - Pie in the Sky July 10th - Music Therapy with Sonja Klaus July 11th - Royal Regimental Band July 19th - Dog Days of Summer July 24th - Live Music with Doug		