

# February 2025

# 3 West Walker Wing

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Recreation Coordinator  
Hermela  
Phone Number  
416-964-9321 ext 250

### February Highlights

- 5th – Memorial Service
- 6th – Super Bowl social
- 12th – Japanese cultural day
- 14th – Valentine Day party
- 19th – Black History cultural day
- 28th - Recreation Awareness Day



### February is Black History Month



### Black History Month Begins

- 10:15 ☕ Balloon
- Badminton

### Groundhog Day

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- 2:30 ☕ Refreshments

- 9:35 ☕ Morning Stretch
- 10:30 📖 Tales of Poetry
- 11:00 ❤️ Doll therapy
- 1:00 🙏 1:1 Spiritual Corner
- 2:15 ❤️ Flower Arrangement
- 2:45 📖 Amazing Animals: Groundhogs
- 3:30 ☕ Friendly Visits

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- 9:35 ☕ Sunshine Yoga
- 10:30 🙏 Morning Prayers
- 11:00 📖 News of the Day!
- 2:00 ❤️ Artistic Expressions with Sarah [CR]
- 2:30 ❤️ Grandmas Kitchen: Honey Cornbread
- 3:40 ☕ Friendly Visits

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- 9:35 ☕ Balloon Tennis
- 10:05 ❤️ Sensory Touches
- 10:45 ☕ Pet Visits with Milo
- 1:00 🙏 1:1 Spiritual Corner
- 2:30 🙏 Memorial Service - Auditorium

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- 10:00 ☕ Pet Therapy Visits with Dexter
- 1:15 ❤️ 1:1 Short Stories
- 2:30 ☕ Superbowl Social
- 3:30 🙏 1:1 Spiritual Corner
- 4:00 ❤️ Indoor Gardening
- 6:30 📖 Trivia
- 7:00 ☕ Movie Night

6

- 9:35 ☕ Bean Bag Toss
- 10:30 📖 Historical Fridays: Josh White
- 11:05 🙏 Hymn Sing
- 1:15 ❤️ Coloring Arts
- 2:20 ☕ Winter Treats Ice Cream Social
- 3:15 📖 Board Games

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- 10:15 ☕ Balloon
- Badminton
- 1:45 ❤️ 1:1 Short Stories

8

### Superbowl LIX

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- 1:00 ☕ Friendly Visits with Margo
- 2:30 ☕ Refreshments

- 9:35 ☕ Morning Stretch
- 10:30 📖 Tales of Poetry
- 11:00 ❤️ Doll therapy
- 1:00 🙏 1:1 Spiritual Corner
- 2:15 ❤️ Flower Arrangement
- 2:45 📖 Amazing Animals: Chimpanzees
- 3:30 ☕ Friendly Visits

10

- 9:35 ☕ Sunshine Yoga
- 10:30 🙏 Morning Prayers
- 11:00 📖 News of the Day!
- 1:15 ❤️ Lets Get Folding
- 2:00 ❤️ Artistic Expressions with Sarah [CR]
- 2:30 ☕ Strike & Spare
- 3:00 📖 Scattergories
- 3:40 ☕ Friendly Visits

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- 9:35 ☕ Balloon Tennis
- 10:05 ❤️ Sensory Touches
- 10:45 ☕ Pet Visits with Milo
- 1:00 🙏 1:1 Spiritual Corner
- 2:00 ☕ Musical Journey with Jonathan
- 3:00 ☕ Taste & Travel: Japan

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- 1:15 ❤️ 1:1 Short Stories
- 2:30 ☕ Chocolate Pie Social
- 3:30 🙏 1:1 Spiritual Corner
- 4:00 ❤️ Indoor Gardening
- 6:30 📖 Trivia
- 7:00 ☕ Movie Night

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- 9:35 ☕ Move to the Beat!
- 10:30 ☕ Grace Church on the Hill Communion Service - Auditorium
- 10:30 📖 Historical Fridays: Jim Brown
- 11:05 🙏 Hymn Sing
- 2:30 ❤️ Valentine's Day Party

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- 10:15 ☕ Balloon
- Badminton
- 1:45 📖 Trivia

15

- 2:30 ☕ Refreshments

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Refreshments

### Family Day

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- 11:00 ❤️ 1:1 Short Stores

- 9:35 ☕ Sunshine Yoga
- 10:30 🙏 Morning Prayers
- 11:00 📖 News of the Day!
- 2:00 ❤️ Artistic Expressions with Sarah [CR]
- 2:30 ❤️ Grandmas Kitchen: Sweet Potato Pie
- 3:40 ☕ Friendly Visits

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- 9:35 ☕ Balloon Tennis
- 10:05 ❤️ Sensory Touches
- 10:45 ☕ Pet Visits with Milo
- 1:00 🙏 1:1 Spiritual Corner
- 2:30 ☕ Black History Month Social

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- 1:15 ❤️ 1:1 Short Stories
- 2:30 ☕ Paris Patisserie
- 3:30 🙏 1:1 Spiritual Corner
- 4:00 ❤️ Indoor Gardening
- 6:30 📖 Trivia
- 7:00 ☕ Movie Night

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- 9:35 ☕ Bean Bag Toss
- 10:30 📖 Historical Fridays: Nina Simone
- 10:30 🙏 St. Thomas Anglican Church Service - Auditorium
- 11:05 🙏 Hymn Sing
- 1:15 ❤️ Coloring Arts
- 2:20 ☕ Winter Treats Ice Cream Social
- 3:15 📖 Board Games

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- 10:15 ☕ Balloon
- Badminton

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- 11:00 ☕ Balloon

23

- Badminton
- 2:30 ☕ Refreshments

- 9:35 ☕ Morning Stretch
- 10:30 📖 Tales of Poetry
- 11:00 ❤️ Doll therapy
- 1:00 🙏 1:1 Spiritual Corner
- 2:15 ❤️ Flower Arrangement
- 2:45 📖 Amazing Animals: Raccoons
- 3:30 ☕ Friendly Visits

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- 9:35 ☕ Sunshine Yoga
- 10:30 🙏 Morning Prayers
- 11:00 📖 News of the Day!
- 1:15 ❤️ Lets Get Folding
- 2:00 ❤️ Artistic Expressions with Sarah [CR]
- 2:30 ☕ Strike & Spare
- 3:00 📖 Scattergories
- 3:40 ☕ Friendly Visits

25

- 9:35 ☕ Balloon Tennis
- 10:05 ❤️ Sensory Touches
- 10:45 ☕ Pet Visits with Milo
- 1:00 🙏 1:1 Spiritual Corner
- 1:30 ☕ Strolls about Belmont
- 2:30 ☕ Sing and Dance Along
- 3:15 📖 Let's Play Bingo!

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- 1:15 ❤️ 1:1 Short Stories
- 2:30 ☕ Nutella Social
- 3:30 🙏 1:1 Spiritual Corner
- 4:00 ❤️ Indoor Gardening
- 6:00 📖 Trivia
- 7:00 ☕ Movie Night

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- 9:35 ☕ Move to the Beat!
- 10:30 📖 Historical Fridays: Marian Anderson
- 10:30 🙏 St. Basils Catholic School Church Service - Auditorium
- 11:05 🙏 Hymn Sing
- 1:15 ❤️ Coloring Arts
- 2:20 ☕ Winter Treats Ice Cream Social
- 3:15 📖 Have You Ever?

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